



Frequently Asked Questions

Why is it called Birchwood?

- This tree symbolizes both new beginnings and growth. When a woman comes to live at Birchwood Apartments, it is our hope that she will begin a season of growth.
- Often thought of as a pioneer, the birch takes root in landscapes where no other tree would before. This is a fresh season of her life to take root and thrive in this new environment.
- It is one of the first trees to regrow leaves after the depths of winter, showing that a new season has begun. We believe this season of support will allow her to take next steps, preparing her and her family for all God has ahead for them.

Who is the program for?

Pregnant or single mothers with young children who are in need of a stable community and are determined to make the most of every day in order to build a healthier future for themselves and their families.

How long is the program?

The program is designed to support and equip residents to build skills and establish a sustainable future. The end goal looks different for each resident, so their length of stay may vary. Some residents may complete the program as quickly as four months, but residents are able to stay up to 9 months.

What does the program offer?

Financial

- Housing for up to 9 months
- Accountability and support for establishing a job
- Referrals to local resources

Education

- Parenting education classes
- Access to mentoring relationships
- Budgeting / financial planning
- Education and baby supplies through parenting program

Emotional / Psychological needs

- Weekly life coaching sessions with Program Director
- Professional counseling

Spiritual / Social

- Voluntary bible study opportunities
- Group social activities biweekly/monthly

What are the expectations of Birchwood residents?

- No substance abuse for entry or while in program (possible random drug testing)
- Participation in weekly case management appointments
- No male visitors
- No guests living with or staying overnight
- Weekly room checks